

SERVICES OFFERED BY MPP

- Counseling & guidance
- Peer to peer education about sexuality reproductive Health & life planning skills
- Referral for professional help in and around MUST
- Free condom distribution and sex education.
- Drop in sessions and socializing.
- Outreaches to hostels around.

WEEKLY PRINT CREW

COMMITTEE HEAD

MUTEBI A MALIK&

PRODUCTION MANAGER

MUKASA FAZIL

Big up to I.E.C.B.C.C Committee.

**I.E.C.B.C.C REMINDS YOU
TO ALWAYS COME FOR
MOVIE NIGHTS**



MUST PEER PROJECT

Mbarara University of Science
and Technology

P.O Box 1410



Mbarara

The weekly print

Volume 3

WORK SCHEDULE FOR THIS WEEK

- **MON.** Focus Group Discussion at 5.pm
- **FRIDAY:** Movie Night at 7:00pm
- **SATURDAY:** outreaches

On 6th February, 2017

**Health corner, Love corner, Fun corner, Business tips ,inspirations
e.t.c**

GOD HAS A PURPOSE FOR OUR LIFE

GOD will continue to poor things in our lives and he will indeed take us to places that we never dreamed possible. Going through tough.

If you are going through tough times, take heart there are better days ahead!

God wants to bring you through, to bring you out even better, and to restore every thing you lost.

If you are thriving and enjoying life, you can use these principles to help guard your heart and mind and to maintain an attitude and lifestyle that is pleasing to God

Be quick to acknowledge Gods goodness in your life, keeping in mind that it is his blessings that you are blessed to be a blessing to some one else.

AINOMUGISHA JAZIRAH

Antinental care visits

“I got married when I was barely 18years old, and delivered my first child at home,” said Ms Bahero. Her subsequent deliveries also took place at home.

“As a marginalized community, we were ignorant about the importance of antenatal care, largely because we didn’t have a health center in Kiwayuu.”

The community relied heavily on the services of traditional birth attendants who had limited skills and knowledge. “In the event of pregnancy-related complications, or even maternal deaths, we would conclude that it was God’s will.” She explained. When she went into labor for the 5th child, she thought she knew what to expect.

“I was set to deliver to deliver at home as usual.” “The traditional birth attendant who helped me deliver in the past was at hand to assist” But it gradually become clear something was wrong.

As I went into labor, I began to bleed profusely,” the traditional birth attendant didn’t know what to do.[courtesy of www.unfpa.org]

Mothers to be, its my humble appeal, that when the pregnancy time comes. Always go for antenatal care visits to check for the progress of your life and that of the baby. As well as preventing incidences of delayed labour, membrane rupture resulting into excess bleeding among others.

Compiled by Mark Bukusuba.

In the name of the ALMIGHTY LEGACY

She asks you out, WEIRD, you obviously say no to her because you are worried she may expose your deepest darkness... (Confidentiality problems am guessing). However, because you have this good heart, you don't really let her lose you. You decide to have her around. She keeps on pressing the 'I want/love you' button. You're caught up in the challenges of life trying to save the day. Days pass by, weeks, months and a little more years. She says she is patient... A time comes when you're now ready and feel she is ready enough to start on each and every thing. 'Yes, yes, yes' she goes. 'Finally, the long awaited love of my life has come' she fantasizes. Castles in the air you build. Even the blind can feel it and know the color it has. Quickly you build a relationship based on honesty. Secret after secret you tell each other, hobby after hobby, hate after hate, desire after desire and the chemistry is catalyzed by kisses, send-off messages, hugs, memories built and the city of Rome becomes Romantic. As each secret is released, it's however like an interview, ending in closed questions like "will you still love me or not" and the answer is obvious... 'Am madly in love with you and nothing can change that except me' you groan. 'Would you stay if you knew there was another guy' she laments. 'That would depend on you still' my love. As a dude however, this is the final blow that ends everything in jeopardy... getting to know that you are not the only one after all. That hurts but you device ways of getting over it because castles are not easy to build. Allow me say, 'YOU ARE AN IDIOT' as most girls love to call you...

What a hard thing to live with! Knowing your current lover has another? Knowing you are on 'Tugabanne', slide share or flash share...? My Friend, you are being used... In fact, you are a hot spot for a wireless internet system. You love being the queen on the board but this time round, you've been a porn... played and tossed all over only for a rotten cake in a cold oven. Do you even know who she slept with? What they carried within them? What doze she has in stock for you? Whether it is curable, preventable or containable? GET OFF THAT LIFE UNCERTAINTY AND GRAB A CONDOM FOR YOURSELF...!!! Or better, pick it

Judge me as iam, not as you
expect me

Judge me as iam, not as you
think

Judge me as iam not as tell
you

Judge me for what I have
done

Not what you expect me to
do

When I greet you, iam brib-
ing you

When I by pass, am proud

When I smile, am conning
you

When I don't I have a bad
heart

Judge me rationally not
emotionally

When am serious, am ugly

When I speak am talkative

When I keep quiet, iam a
silent burner

When I answer iam rude and
proud

Judge me as am and take me
as iam

When I look at you, am idle

When I don't am shy

When I bounce am
"Omuyaye"

When I walk well am a vil-
lager

Appreciate my good deeds
and collect me on the wrong
ones

When I excel, I copied

Yet excellence is my habit

When I fail am good for
nothing

When I read am a book
worm

When I chat am very lousy

When I don't am blunt and
have dull brains

Judge me as I'am not as you
wish

OWOMUGISHA CATHERINE