

# THE WEEKLY PRINT

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MPP is grateful to whoever submits in his/her article to the weekly Magazine.

## SERVICES OFFERED BY BOTH MPP & HIPROAR

- Counseling & guidance
- Peer to peer education about sexuality reproductive Health & life planning skills
- Referral for professional help in and around MUST
- Free condom distribution and sex education.
- Drop in sessions
- Outreaches to hostels around.



**MUST PEER PROJECT**

Mbarara University of Science  
and Technology

P.O Box 1410



## THE WEEKLY PRINT

Volume 1

### WORK SCHEDULE FOR THIS WEEK

- **MON.** Focus Group Discussion at 5.pm
- **FRIDAY:** Movie Night at 7:00pm
- **SATURDAY:** outreaches

Health corner, Love corner, Inspiration,

# REALISING OUR DREAMS

# Cancer screening



## THE MRRH,M.P.P AND KATETE TEAM

Cancer is a serial killer finishing up souls. It affects all age groups and sexes. If not treated at an early stage it may cost your life. The Mbarara hospital in conjunction with M.P.P being led with Dr. Joe made it to Katete health Centre III, to screen the sexually active age group of cancers, mainly cervical cancer in ladies which can be contracted through having unprotected sex. We also advised the community to stop smoking and drinking as this predisposes them to lung cancer and liver cancer respectively. The team went ahead to screen for HIV and teaching people about family planning method. Please be faithful and stick to one partner. **Be blessed**

## *Love and empathy will slow you down*

You cannot love a ghost. The substance has to be existing, love is a connection (like a network). Like TRUST, love does not depend on its 'return' in order to be expressed. Love is developed due to various reasons. It is the result of how you view a person or a substance/thing (empathy is similar) the presence of the thing you love usually has an effect on you. (To some people it causes discomfort) others peace and freedom. Freedom is usually felt well. When the person/thing in question is aware of the feeling and shares the same thought.

How does love, empathy slow you down? It stops you from putting yourself first. You don't bust in the misery of others.

It does slow you down, yes but it does something else. It makes you a whole new person, it changes the way you perceive happiness, you view it as a gift to share, and yes if it is returned, and you could be the happiest person on earth.

**BY ACEN BRIAN**



Peer Educators and Peer members discussing about life after campus

In the Focus Group discussion that happened on 30<sup>th</sup> Jan 2017. Peers discussed on life after campus. Peers asserted that life after campus is very tough compared to life in campus. Life after campus calls for more responsibility and needs a lot of planning since it's trickier. Life outside campus needs hard work in all aspects but inside campus hard work is only towards education.

The challenging things after campus include taking care of parents and relatives who are so expectant, over expectation of graduates after campus, lack of capital, independency, unfair employment terms and job application, inappropriate experience. However, the peers also solicited some solutions to overcome challenges faced in life after campus for instance, having a patient heart, learning to be flexible, saving and investing, requesting for voluntary work, reducing pride, changing mind set while at campus, making friends, and finally having faith and trust in our God.

**BY MARIAMUNGU FRANCIS**

# Hard work

Hard work is the key to success, nothing can be achieved without hard work. There are so many challenges in life that only hardworking people can overcome them. This explains why there are very few successful people in the world today. Some of the things one must do for them to be successful include going through the planning process and doing some training and research.

One must also have the right attitude or mind set about their goals. Unless you work hard it is hard for one to engage in such things, if anything, many people would rather give up than try, and precisely hard work is a necessity for an individual to be successful in life.

Hard work is the most valuable possession of man. An idler depends on chance, he sits with folded hands. He waits for some golden chance that will come way.

Hard work is the real wealth of a man. No man can achieve success without doing hard work. Hard work is the key to success. Hard work always pays off. Hard work can turn sludge into gold. Laziness and sluggishness makes one's life a bane and only hard work can turn it into boon.

**Anonymous**

# Business tips

There are no secrets to success. It is the result of preparation, hard work and learning from failure.

Great things in business are never done by one person, they are done by a team of people.

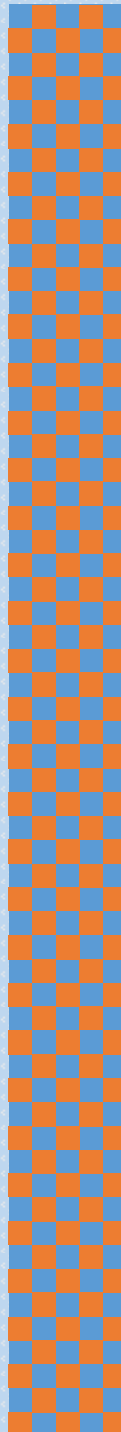
Whenever you find yourself on the side of majority it's time to pause and reflect.

The greatest ability in business is to get along with others and to influence their actions

My philosophy is it's none of my business what people say of me and think of me. I am what I am, and I do what I do. I expect nothing and accept everything, and this makes life so much easier.

**By MUTEBI ABDUL MALIK**

**THE BANKER**



## My First sexual Experience with a campus Girl.

I had tried my best to convince this beautiful girl called Moreen on Facebook to visit and inviting of everything she posted on social media really turned me on in a way that I had never felt before. I decided to take it to another level using my past experience hope you know what I mean ...So at last I managed to get Moreen's and I called her immediately to confirm if it was really her. We talked for a long time and later discovered that she was not living far from my hostel. I then said to myself, "this is a once in life time opportunity" she promised to visit me on the next Thursday. That was the longest Thursday I ever waited in my life. Thursday finally came and I called her around 7:30 just to confirm if she was indeed coming to my house. After she had confirmed that she was coming, I started putting everything in order. I was a bit nervous but excited. You know the excitement and fear you have when you are about to do what you have always planned. I bought expensive perfumes, new sheets, expensive food and eight condoms. Around 9pm she knocked on my room's door. She was dressed very seductively in a tight body legging, silver dress with a dashing red lipstick and a matching bra peeping from edges. I was more than happy after I saw how she was looking and my dear brothers and sisters, see how you are serious reading this story... I wish you can learn how to read your Bible like this. Learn how to invest your energy in Christ. In Romans 13:14 it reads instead, clothe yourself with Lord Jesus Christ and make no provision for desires of the flesh... If it were biblical message you would have story led immediately.

**GOD BLESS YOU .....stay BLESSED**

**AND FIND COMFORT IN CHRIST**

**ASEA RICHARD**